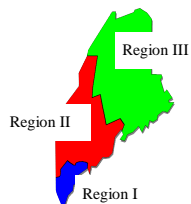


Central Office
Tel. 207-287-4200
TTY: 207-287-2000
www.state.me.us/bds/

Maine Department of Behavioral and Developmental Services (BDS)

The mission of the Department of Behavioral and Developmental Services (BDS) is to join with individuals, families and communities to encourage and assist people with developmental disabilities, mental health disorders and substance abuse disorders to achieve good health and meaningful living.



Region I:
Tel. 207-822-0270
TTY: 207-822-0272
Cumberland, York counties.

Region II:
Tel. 207-287-8118
TTY: 207-287-4238
Androscoggin, Franklin, Kennebec, Knox, Lincoln, Oxford, Sagadahoc, Somerset, Waldo counties.

Region III:
Tel. 207-941-4360
TTY: 207-941-4392
Aroostook, Hancock, Penobscot, Piscataquis, Washington counties.

BDS oversees public sector (state) provision of mental health, mental retardation and substance abuse services in Maine. Operations are carried out through a central administrative office in the state capitol of Augusta along with three regional offices and satellite sites in ten locations throughout the state. Additionally, BDS provides services through two state psychiatric hospitals and three residential facilities. Approximately 1,300 people are employed by BDS.

The BDS Central Office provides policy direction, standards development and administrative support for the entire department. Additionally, Central Office staff provide oversight and leadership in the areas of training, licensing, research, quality improvement information systems and financial management.

BDS regional offices are headquartered in Portland, Augusta and Bangor. Each is managed by a Regional Director with an administrative team composed of program experts (mental retardation, mental health, children's services and substance abuse) as well as administrative support such as finance and quality improvement. Regional Offices provide direct services in the form of case management and crisis intervention for adults with mental

retardation and intensive case management for adults with severe mental illness. All other services are purchased from over 250 private community partners statewide and include:

Children's Mental Health Services (including Autism), includes case management, clinical consultation, community support, crisis day treatment, diagnosis and evaluation, family mediation, home based family services, homeless outreach, infant mental health, information and referral, outpatient, residential, respite, sex abuse treatment and peer support.

Adult Mental Health Services includes assertive community treatment, residential, community support, crisis, housing, medication clinic, outpatient, peer/family support, information and referral, transportation, inpatient and vocational services.

Adult Mental Retardation Services includes day habilitation, family support, recreation/leisure, residential, respite, supported employment, supported living, transportation and vocational services.

Substance Abuse Services through the Maine Office of Substance Abuse includes prevention, education, intervention, information, detoxification, emergency shelter, extended

shelter, extended care, residential rehabilitation, halfway house, nonresidential rehabilitation and outpatient services.

The five State facilities operated by BDS include:

Aroostook Residential Center - a 12-bed residential care facility located in Presque Isle for persons with either mental retardation or mental health issues.

Augusta Mental Health Institute - a 103-bed licensed psychiatric hospital with forensic capacity. A replacement facility, Riverview Psychiatric Center, is currently under construction with completion scheduled for summer 2003.

Bangor Mental Health Institute - a 100-bed licensed psychiatric hospital.

Elizabeth Levinson Center - a 20-bed intermediate care facility located in Bangor for children with severe mental retardation and multiple medical disabilities.

Freeport Towne Square - a 12-bed residential facility located in Freeport for adults with mental retardation and a "sheltered workshop" that is presently being converted to community employment.

For more information about BDS, including services and career opportunities, visit: www.state.me.us/bds/



State of Maine
Department of Behavioral
and Developmental Services

Lynn F. Duby, Commissioner

July 2002